

Teen Support Group

Mental Health America of Licking County is offering a free support group for teens grades 6-12



The group meets Mondays, beginning July 20, 2015 from 4:00 to 5:30 pm at Mental Health America of Licking County, 65 Messimer Drive in Newark.

This support group will cover many topics including:

- Depression
- Anger
- Self-esteem
- Bullying
- Self-harm
- And many more, as well as the use of written and art journaling



For questions, please contact Shari Johnston (740) 788-0303 or compeer@mhalc.org or Justina Wade at (740) 788-0353 or jwade@mhalc.org.

